

# August '10 Elementary ST. PIUS



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	PK-K \$11.25			
	1st-7th \$18.00			
9	10	11	12	13
16	17	18	19	20
Chicken Smackers Cheesy Potatoes * Seasoned Corn * Garlic Roll Brownie	Beef and Bean Burrito Cheese Sauce * Garden Salad Frozen Strawberries Cinnamon Roll *	Italian Meatsauce* Spaghetti Crisp Italian Salad * Chilled Pears Italian Bread*	Turkey Stew* Fluffy Rice Cauliflower in Cheese Sauce* Crisp Caesar Salad Garlic French Bread* Rice Krispie Treat*	Breaded Beef Strips Mashed Potatoes* w Gravy Seasoned Corn* Wheat Roll* Yellow Banana Cake*
23	24	25	26	27
White Beans & Sausage* Fluffy Rice * Crisp Garden Salad * Chilled Applesauce Corn Roll*	Hamburger on Bun w/o Cheese French Fries Lettuce/Tomato/Pickle Almond Cookie	Spaghetti & Meatballs Italian Red Gravy* Crisp Garden Salad Chilled Mixed Fruit Garlic Roll* Jell-O	Soft Pork Taco Mozzarella & American Cheese Lettuce/Tomato Chilled Peaches Honey Bun *	Fish Strips Macaroni & Cheese* Seasoned Green Beans * Pineapple w Cherries French Bread*
30	31	 <p>School lunches must meet recommendations of the Dietary Guideline for Americans. No more than 30% of calories from fat and less than 10% from saturated fat averaged weekly. Lunches contain 1/3 of the RDI of Protein, Vitamin A, Vitamin C, Iron, and Calcium.</p>		
Chicken Strips Mashed Potatoes* /Gravy Chilled Tropical Fruit Cheese Bread	Crispy Beef Taco* Mozzarella and American Cheese Shredded Lettuce and Tomato Seasoned Corn* Cinnamon Stick *			

Check Out Our Website At: [www.schoolcafe.org](http://www.schoolcafe.org)

Note: Menus are subject to change without notice.



Elementary School Name \_\_\_\_\_